

BIBLIOGRAPHY

Provided by Connie Ojile, Guest Speaker, WAPA Meeting, February 6, 2007.

Note: Books marked “*” designate their importance to me.

(* * * * indicates books I keep on my nightstand).

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*Chopra, Deepak, M.D. Ageless Body. Timeless Mind: The Alternative to Growing Old. New York, New York: Hannony Books. 1993.

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****Gonzales, Laurence. Deep Survival: Who Lives, Who Dies, And Why. New York, New York: W. W. Norton & Company. 2003.

**Gordon, James S. M.D. Manifesto for a New Medicine: Your Guide to Healing Partnerships and the Wise Use of Alternative Therapies. Reading, Massachusetts: Addison-Wesley Publishing Company, Inc, 1966.

**Lerner, Michael. Choices in Healing: Integrating the Best of Conventional and Complementary Approaches to Cancer. Cambridge, Massachusetts: The MIT Press. 1994.

****LeShan, Lawrence. Ph.D. Cancer As a Turning Point: A Handbook For People With Cancer, Their Families and Health Professionals. New York, New York: Penguin Books. 1990.

* * * * Levine, Stephen. A Year to Live: How to Live this Year as it Were Your Last. New York, New York: Crown Publishers, Inc. 1997.

***Middlebrook, Christina. Seeing the Crab: A Memoir of Dying Before I Do. New York, New York: Anchor Books. 1996.

****Register, Cheri. Living with a Chronic Illness: Days of Patience and Passion. New York, New York: Bantam. 1992.

****Shinn, Florence Scovel. The Writings of Florence Scovel Shinn. Camarillo, California: DeVorss & Company. 1988.

****York, Sarah. Remembering Well: Rituals for Celebrating Life and Mourning Death. San Francisco: Jossey-Bass. 2000.

THE BENEFICIARY BOOK

Kuritz, Martin. Sampson, John S. Sanchez, David J.
New York, New York: Viking Press. 1996.

The Beneficiary Book is a self-help document intended to provide your survivors with a centralized source of important information. It is not designed to replace the necessity for proper estate documentation such as wills, trusts, etc. We strongly recommend that you share your answers and the information contained in this book with your legal, financial and insurance professionals, so that they can further protect and enhance the quality of your estate for you and your beneficiaries.

Books are available at quantity discounts. Contact Active Insights, P.O. Box 188059, Carlsbad, CA 92009, or call 619-929-8900.

It comes in three- ring notebook style and on CD.

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